



Summer 2019

Dear Parents,

Do you need a break from packing lunches??? let Simply Gourmet do the work for you this summer!!

We are a catering company specializing in providing food services to children.

Order processing is automated on our web site:

www.SimplyGourmetLunches.com

We proudly offer “wholesome” meal options which have no gmo’s, no artificial ingredients, no growth hormones and no trans fats; only fresh super foods that promote a healthy diet for children!

Instructions:

- 1. Returning customers will log in to your existing account or new users will create a new account. (Click on the “How It Works” tab on our home page to follow step by step directions to create an account.)*
- 2. Our standard menu includes an entrée, a side & a fruit/veggie as your base meal bundle. You may customize any meal component listed by simply checking one of the daily boxes and then clicking on “edit this day” which will open up the drop down boxes listing our many alternate*

Simply Gourmet, LLC

www.SimplyGourmetLunches.com

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selections. A-la-carte items will also be listed and can be purchased on any day. (ie. Beverages, desserts etc...)

3. You may choose to participate every day or any individual days within the week.
4. *Orders must be placed three days in advance* of the day you would like to receive service.

If you have any trouble navigating through our website feel free to contact us and we can “walk” you through the process.

We look forward to serving your children!

Note: 2019 menu for Sanskriti Summer Camp will be published in July 2019. Below is last years menu as a reference.



SANSKRITI IMMERSION CAMP

AUGUST 2018

Alternate entrees:

- CHICKEN BREAST TENDERS
- HOME MADE MAC & CHEESE
- MIXED GREENS W/ GRILLED CHICKEN
- TUNA SANDWICH ON WHEAT
- WHOLE WHEAT BAGEL W/ BUTTER
- WHOLE WHEAT BAGEL W/CREAM CHEESE
- GRILLED CHEESE SLIDERS
- CHICKEN SLIDERS
- BUTTERED NOODLES
- PIZZA BAGEL
- SUN BUTTER & JELLY ON WHEAT
- TURKEY, LETTUCE & CHEESE 6" SUB
- VEGGIE SLIDERS
- VEGGIE TENDERS
- BAKED EGGO WW MINI PANCAKES
- YOGURT W/BLUBERRIES & GRANOLA
- LOMEIN NOODLE, FRESH VEGGIE & EDAMAME SALAD
- BLACK BEAN & RICE BOWL
- BAKED ZITI
- GF CHICKEN TENDERS
- PASTA, TOMATO & MOZZARELLA SALAD

Alternate Sides:

- HARD BOILED EGG
- CHEEZE-IT CRACKERS
- DANNON YOGURT
- HOMEMADE HUMMUS & VEGGIES
- STRING CHEESE

Alternate Produce:

- MANDARIN ORANGES
- CARROTS & DIP
- PLUM
- ORANGE SLICES
- WATERMELON

Optional Drinks:

- 1% CHOCOLATE MILK—\$.60
- 1% MILK \$.60
- 100% FRUIT JUICE \$.80
- HONEST KIDS ORGANIC JUICE \$1.00
- 16oz. WATER\$1.00
- 8oz. WATER \$.75

Mon	Tue	Wed	Thu	Fri
13 Veggie Sliders Hummus & Pita Wedges Tomato & Cuke Salad	14 Baked Ziti String Cheese Cukes & Dip	15 Chicken Sliders Potato Croquettes Carrots & Dip	16 Buttered Noodles Turkey Meatballs Watermelon	17 Pizza Bagel Pasta Salad Plum
20 Homemade Mac & Cheese Buttermilk Biscuit Watermelon	21 Baked Eggo Mini Pancakes Turkey Bacon Mandarin Oranges	22 Cold Lomein Noodles, Fresh Veggies & Edamame Salad Soft Breadstick Watermelon	23 Grilled Cheese Sliders Corn Salad Plum	24 Chicken Tenders Tostito Chips & Salsa Orange Slices
Lunch \$5.00/day				

Lunches include an entrée, a side, and fruit / vegetable daily (each component can be customized)

beverages are available for an additional charge